## Vocabulary

Part A: Write the correct verb phrase in the box below the pictures.

| go to work | do home work | get up | have breakfast | have lunch | have dinner |
| :--- | :--- | :--- | :--- | :--- | :--- |
| brush your teeth | wake up | have a shower | go to bed | go home | go to school |



Source: https://learnenglishteens.britishcouncil.org/vocabulary/beginner-vocabulary/daily-routine

Part B: Match the vocabulary with the correct definition and write $a-j$ next to the number $1-10$.
$1 \ldots \ldots \ldots$. You do this after a long day and just before you fall asleep.
a. have dinner
$2 \ldots \ldots \ldots$. You do this when your alarm clock goes off in the morning.
b. go to school You do this in the morning because it is the most important
$\qquad$ meal of the day.

4 You do this at the dinner table with your family.
d. go to bed
$5 \ldots \ldots \ldots$. You do this to make your body and hair clean.
e. go home
$6 \ldots . . . .$. . You do this after you wake up.
f. wake up

You do this so you can meet your friends and learn new
7. $\qquad$ things.
8.

You do this after school because your teacher will get angry if you don't.
g. have breakfast
h. brush your teeth

Your dentist will be pleased if you do this twice a day.
i. get up
9. $\qquad$ You do this in the afternoon when your classes at school have
10. $\qquad$ finished.
j. do homework

```
    Text }
Present Simple Tense
```


## Structure: S + V1 (s/es)

Definition: We use the present simple to talk about repeated actions or events, permanent states or things which are always true. To find out more about the present simple, read and listen to the conversation below.

## Examples:

- I usually get up at 7 o'clock.
- During the week I have swimming practice on Mondays, I $\underline{\text { do }}$ taekwondo on Tuesdays and tennis on Thursdays.
- We always $\boldsymbol{g} \boldsymbol{o}$ on holiday in the summer.
* The main thing is that the third person singular forms end in -s or -es.

That's for he, she or it.

## Examples:

- He watches black and white films at his cinema club on Wednesdays.
- He thinks chess is a sport!
** For questions we use:
do/does + subject + infinitive without to.....?


## Examples:

- Do you see him on Wednesdays then?
- Does Jack like sports?
***For negatives we use:
the subject + do/does + not + infinitive without to.
Examples:
- Daisy and Jack don't go out together much at the weekend.
- I don't think Coldplay are boring.

Exercise: Write the correct form of the word in the blanket.

1. Alfie $\qquad$ (live) in London.
2. Sophie $\qquad$ (be) in Thailand today.
3. $\qquad$ (do) Tony go swimming a lot?
4. We $\qquad$ (not go) to the same school.
5. My dad $\qquad$ (have) breakfast before us.

Definition: We use adverbs of frequency - like sometimes or usually - to say how often we do things, or how often things happen.

| $100 \%$ |  |  |  |  |  | $0 \%$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| always | usually / <br> normally | often | sometimes | occasionally | hardly / <br> ever | never |

## Examples:

- They always hang out together.
- The Northern Lights are usually green.
- You normally see them best in September or March.
- It's often cloudy.

Q: What do you notice about the position of the adverbs?
A: They are usually before the main verb, or between the auxiliary and the main verb. But they come after the verb to be.

Exercise Put the adverbs of frequency in the correct place.

Example: I get up at 7.30 a.m. (usually)
I usually get up at $7.30 \mathrm{a} . \mathrm{m}$.

1. We drink coffee in the evening. (never)
2. She doesn't go to the cinema on Saturday. (often)
3. They have dinner in a restaurant. (occasionally)
4. We are late. (always)
5. They eat a sandwich for supper. (sometimes)

Name $\qquad$ Surname $\qquad$ Class $\qquad$ 1 $\qquad$ No. $\qquad$

Directions: Read the letter and then choose the correct verb to complete each blank. (10 points)

| play | finish | go | do | deliver |
| :--- | :--- | :--- | :--- | :--- |
| show | have | is | wake up | send |

14, Tobermory Street,
Arinagour,
Isle of Coll
Scotland

22 February 2020

Dear Christina
These photos (1) $\qquad$ you my typical day. I wake up at 7.00 (except on Saturdays - on Sundays I always (2) $\qquad$ after 9.00)
I (3) $\qquad$ cornflakes and two cups of tea for breakfast.
Then I (4) $\qquad$ newspapers every morning - except Sundays. Next,
I (5) $\qquad$ to school with my friends Alexandra and John. I have lunch at school. School (6) $\qquad$ at 4.15 . We usually have dinner at 6 p.m. My favorite food (7) $\qquad$ spaghetti. After dinner, I (8) $\qquad$ my homework. Then I often (9) $\qquad$ chess on the Internet against people in Canada, India, Australia and $\qquad$ Spain! (10) $\qquad$ me photos of your typical day.

Best wishes

Ruth

## Activity 2 <br> Adverbs of Frequency

Name $\qquad$ Surname $\qquad$ Class $\qquad$ 1 $\qquad$ No. $\qquad$

Directions: Rewrite the complete sentence using the adverb in the brackets in its correct position. (10 points)

1. He listens to the radio. (often)
2. They read a book. (sometimes)
3. Peter gets angry. (never)
4. Tom is very friendly. (usually)
$\qquad$
5. I take sugar in my coffee. (sometimes)
$\qquad$
6. Ramon and Frank are hungry. (often)
7. My grandmother goes for a walk in the evening. (always)
8. Walter helps his father in the kitchen. (usually)
$\qquad$
9. They watch TV in the afternoon. (never)
10. Christine smokes. (never)

> Activity 3
> Writing Daily Routines

Name
Surname $\qquad$ Class / No.
.

## Example 1

## My daily routine

My name is Adam. I always wake up at 7 o'clock in the morning then I wash my face, brush my teeth and have a shower. After that, I get dressed and prepare my school bag. Next, I have my breakfast and wait for the school bus. At 8 o'clock I go to school and start my first class. I have four classes in the morning. Next, I have lunch at the canteen with my friends. The afternoon class starts 1. p.m. and I have 4 classes. The school finishes at 4.30 p.m. Then I play sport with my friends. I get home at 5.00 p.m. and take a rest. Next, I usually watch TV then help my mother to prepare dinner. I always have dinner with my family at 7.00 p.m. Then I do my homework and chat with my friends. At 9 o'clock I read a book and go to sleep.

Directions: Write your daily routine with your own style. (20 points)
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

